



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome              | N.º Filiado | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|-------------------|-------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Nuno Tavares      | 173521      | F ARC-EAC  | 100       | 0       | 99         | 100   | 100      | 100     | 99       | 0           | 0         | 598    | 598       |
| 2      | Alex Silva        | 150195      | F ACT      | 0         | 99      | 96         | 98    | 99       | 99      | 98       | 0           | 100       | 689    | 593       |
| 3      | Luís Couto        | 164246      | F ASSSCC   | 97        | 95      | 56         | 97    | 98       | 96      | 0        | 96          | 99        | 734    | 583       |
| 4      | Paulo Amaral      | 145895      | F ARC-EAC  | 94        | 94      | 93         | 95    | 94       | 93      | 0        | 0           | 0         | 563    | 563       |
| 5      | David Carvalheiro | 170931      | F ARC-EAC  | 91        | 89      | 89         | 96    | 96       | 97      | 0        | 0           | 0         | 558    | 558       |
| 6      | Eduardo Costa     | 166820      | F AGMTR    | 92        | 91      | 87         | 91    | 93       | 0       | 0        | 97          | 0         | 551    | 551       |
| 7      | Jorge Simões      | 148090      | F GATOES   | 95        | 93      | 84         | 85    | 90       | 89      | 0        | 91          | 92        | 719    | 550       |
| 8      | Helder Isidoro    | 166641      | F CAOH     | 0         | 0       | 88         | 86    | 91       | 87      | 90       | 95          | 96        | 633    | 547       |
| 9      | João Freitas      | 166205      | F CCRA     | 96        | 90      | 80         | 0     | 95       | 82      | 91       | 0           | 0         | 534    | 534       |
| 10     | Válter Lopes      | 145968      | F ACDRSQ   | 0         | 0       | 0          | 56    | 92       | 92      | 92       | 98          | 97        | 527    | 527       |
| 11     | Tiago Figueiredo  | 167777      | F ACDRSQ   | 73        | 85      | 86         | 88    | 89       | 88      | 86       | 0           | 0         | 595    | 522       |
| 12     | Orlando Pires     | 131519      | F ACDRSQ   | 0         | 79      | 79         | 83    | 88       | 85      | 0        | 0           | 94        | 508    | 508       |
| 13     | José Belbuche     | 172760      | F PENATURE | 82        | 0       | 60         | 77    | 82       | 60      | 87       | 90          | 89        | 627    | 507       |
| 14     | António Santos    | 168340      | F ACDRSQ   | 84        | 0       | 75         | 81    | 85       | 81      | 85       | 0           | 87        | 578    | 503       |
| 15     | Sérgio Pocinho    | 174360      | F CCRA     | 0         | 0       | 82         | 0     | 86       | 78      | 79       | 87          | 86        | 498    | 498       |
| 16     | João Simões       | 168320      | F ACDRSQ   | 76        | 82      | 0          | 84    | 84       | 79      | 88       | 0           | 0         | 493    | 493       |
| 17     | Pedro Cardoso     | 136719      | F ASSSCC   | 67        | 0       | 83         | 79    | 77       | 67      | 84       | 79          | 91        | 627    | 493       |
| 18     | João Marques      | 175428      | F TBAGA    | 0         | 81      | 78         | 78    | 83       | 77      | 0        | 88          | 83        | 568    | 491       |
| 19     | Nelson Heleno     | 147348      | F ASSSCC   | 59        | 73      | 77         | 80    | 87       | 74      | 69       | 0           | 90        | 609    | 481       |
| 20     | João Marques      | 173146      | F TBAGA    | 78        | 67      | 70         | 71    | 72       | 0       | 80       | 84          | 83        | 605    | 468       |
| 21     | Duarte Domingues  | 151023      | F ACT      | 0         | 77      | 66         | 72    | 0        | 76      | 0        | 82          | 88        | 461    | 461       |
| 22     | Pedro Simões      | 135702      | F ARSM     | 90        | 84      | 69         | 60    | 70       | 70      | 0        | 73          | 0         | 516    | 456       |
| 23     | Francisco Missa   | 164377      | F CCRA     | 58        | 72      | 0          | 75    | 79       | 0       | 65       | 81          | 0         | 430    | 430       |
| 24     | Joaquim Sousa     | 174469      | F GRV      | 0         | 0       | 71         | 2     | 74       | 32      | 81       | 85          | 82        | 427    | 425       |
| 25     | André Lavado      | 148928      | F ACDRSQ   | 65        | 69      | 64         | 0     | 0        | 68      | 75       | 78          | 0         | 419    | 419       |
| 26     | José Simões       | 135264      | F ARSM     | 75        | 71      | 65         | 68    | 66       | 0       | 0        | 72          | 0         | 417    | 417       |
| 27     | Silvio Marques    | 166775      | F CFM      | 68        | 0       | 63         | 0     | 68       | 59      | 77       | 80          | 0         | 415    | 415       |
| 28     | Tiago Abreu       | 173936      | F GRV      | 57        | 59      | 67         | 0     | 75       | 64      | 0        | 0           | 79        | 401    | 401       |
| 29     | José Rodrigues    | 137629      | F ARC-EAC  | 63        | 78      | 0          | 62    | 67       | 48      | 0        | 0           | 78        | 396    | 396       |
| 30     | Aurélio Saúde     | 157710      | F ARSM     | 55        | 0       | 54         | 69    | 60       | 58      | 74       | 76          | 0         | 446    | 392       |
| 31     | Romeu Vasconcelos | 168408      | F CCRA     | 54        | 0       | 59         | 53    | 61       | 73      | 83       | 0           | 0         | 383    | 383       |
| 32     | Vasco Vasconcelos | 168441      | F CCRA     | 49        | 62      | 61         | 0     | 65       | 71      | 0        | 74          | 0         | 382    | 382       |
| 33     | António Ferreira  | 143798      | F ACDRSQ   | 62        | 0       | 62         | 64    | 58       | 63      | 0        | 71          | 0         | 380    | 380       |
| 34     | Mário Henriques   | 166643      | F CAOH     | 0         | 66      | 47         | 61    | 62       | 55      | 0        | 0           | 69        | 360    | 360       |
| 35     | Hugo Monteiro     | 172433      | F CUMIBROA | 0         | 52      | 44         | 0     | 25       | 66      | 78       | 75          | 0         | 340    | 340       |
| 36     | Nuno Costa        | 174293      | F ABCT     | 48        | 55      | 50         | 49    | 0        | 47      | 56       | 41          | 66        | 412    | 324       |
| 37     | Nuno Almeida      | 164483      | F ASSSCC   | 53        | 0       | 48         | 0     | 50       | 37      | 68       | 64          | 0         | 320    | 320       |
| 38     | João Loureiro     | 159020      | F GRV      | 0         | 0       | 1          | 59    | 56       | 62      | 0        | 59          | 81        | 318    | 318       |
| 39     | Pedro Almeida     | 174652      | F CCRA     | 0         | 47      | 30         | 48    | 53       | 49      | 72       | 48          | 0         | 347    | 317       |
| 40     | Marco Brásio      | 174315      | F ABCT     | 47        | 50      | 0          | 0     | 45       | 27      | 58       | 43          | 71        | 341    | 314       |
| 41     | António Gaspar    | 173586      | F ACDRSQ   | 0         | 45      | 37         | 6     | 0        | 38      | 62       | 70          | 61        | 319    | 313       |
| 42     | Rui Silva         | 175732      | F TOCER    | 0         | 43      | 42         | 50    | 0        | 45      | 0        | 58          | 73        | 311    | 311       |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome               | N.º Filiado | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|--------------------|-------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 43     | Tiago Simões       | 163501      | F ACDRSQ   | 61        | 58      | 43         | 41    | 52       | 54      | 0        | 0           | 0         | 309    | 309       |
| 44     | Rui Varanda        | 174579      | F ACT      | 39        | 44      | 46         | 39    | 47       | 30      | 0        | 57          | 75        | 377    | 308       |
| 45     | Bruno Rodrigues    | 145756      | F ACDRSQ   | 29        | 54      | 25         | 54    | 57       | 28      | 0        | 0           | 84        | 331    | 306       |
| 46     | Ricardo Lopes      | 172432      | F CUMIBROA | 37        | 0       | 15         | 34    | 40       | 65      | 63       | 60          | 0         | 314    | 299       |
| 47     | Ernesto Nabeiro    | 153130      | F SMOV     | 64        | 74      | 33         | 57    | 69       | 1       | 0        | 0           | 0         | 298    | 298       |
| 48     | Nuno Coelho        | 136172      | F TOCER    | 0         | 29      | 40         | 0     | 55       | 44      | 0        | 46          | 70        | 284    | 284       |
| 49     | João Marques       | 172667      | F PENATURE | 43        | 0       | 34         | 26    | 42       | 36      | 0        | 61          | 68        | 310    | 284       |
| 50     | Pedro Figueiredo   | 158999      | F TOCER    | 51        | 51      | 38         | 40    | 35       | 23      | 0        | 0           | 62        | 300    | 277       |
| 51     | Fernando Godinho   | 172436      | F CUMIBROA | 34        | 0       | 21         | 0     | 0        | 34      | 61       | 54          | 67        | 271    | 271       |
| 52     | Marco Nobre        | 174290      | F ABCT     | 0         | 31      | 0          | 0     | 44       | 26      | 57       | 42          | 65        | 265    | 265       |
| 53     | Filipe Vasconcelos | 164954      | F CCRA     | 32        | 0       | 26         | 38    | 51       | 40      | 67       | 0           | 0         | 254    | 254       |
| 54     | Ricardo Coelho     | 144222      | F PENATURE | 0         | 0       | 10         | 21    | 30       | 29      | 55       | 51          | 64        | 260    | 250       |
| 55     | João Nunes         | 167013      | F CFM      | 41        | 65      | 13         | 47    | 48       | 0       | 0        | 32          | 0         | 246    | 246       |
| 56     | Tiago Jegundo      | 133603      | F CCRA     | 21        | 0       | 58         | 37    | 64       | 25      | 0        | 0           | 38        | 243    | 243       |
| 57     | Remi Alves         | 168410      | F CCRA     | 31        | 0       | 22         | 32    | 38       | 39      | 73       | 0           | 0         | 235    | 235       |
| 58     | Luís Fernandes     | 172445      | F CUMIBROA | 46        | 0       | 29         | 42    | 54       | 1       | 0        | 55          | 0         | 227    | 227       |
| 59     | João Pratas        | 168067      | F ARCDVL   | 36        | 0       | 9          | 24    | 46       | 46      | 66       | 0           | 0         | 227    | 227       |
| 60     | Vagner Marques     | 170057      | F CCRA     | 20        | 37      | 0          | 35    | 31       | 0       | 0        | 35          | 60        | 218    | 218       |
| 61     | Rui Santos         | 159465      | F GRV      | 35        | 41      | 24         | 27    | 36       | 24      | 0        | 49          | 0         | 236    | 212       |
| 62     | Bruno Ferreira     | 152798      | F ACDRSQ   | 0         | 0       | 18         | 30    | 49       | 1       | 34       | 0           | 77        | 209    | 209       |
| 63     | Fábio Barroca      | 173931      | F GRV      | 27        | 27      | 0          | 16    | 24       | 0       | 53       | 0           | 55        | 202    | 202       |
| 64     | Hugo Silva         | 173465      | F TOCER    | 5         | 0       | 31         | 31    | 34       | 31      | 64       | 0           | 0         | 196    | 196       |
| 65     | Bruno Gonçalo      | 176490      | F ADCX     | 0         | 0       | 11         | 1     | 37       | 0       | 52       | 37          | 58        | 196    | 196       |
| 66     | Gabriel Romualdo   | 173932      | F GRV      | 24        | 0       | 4          | 14    | 23       | 1       | 43       | 39          | 46        | 194    | 189       |
| 67     | André Santos       | 169322      | F ASSSCC   | 23        | 0       | 20         | 17    | 0        | 21      | 40       | 0           | 59        | 180    | 180       |
| 68     | António Santos     | 168790      | F CCRA     | 0         | 0       | 16         | 22    | 28       | 20      | 60       | 33          | 0         | 179    | 179       |
| 69     | Rui Custódio       | 163637      | F FKC      | 3         | 0       | 0          | 3     | 12       | 1       | 54       | 50          | 47        | 170    | 169       |
| 70     | Américo Grou       | 163850      | F GRV      | 0         | 23      | 7          | 11    | 32       | 15      | 47       | 36          | 0         | 171    | 164       |
| 71     | Carlos Costa       | 169871      | F ADCX     | 0         | 61      | 1          | 1     | 1        | 0       | 76       | 19          | 0         | 159    | 159       |
| 72     | Nuno Veiga         | 175532      | F CAOHO    | 0         | 0       | 0          | 1     | 20       | 1       | 41       | 28          | 52        | 143    | 143       |
| 73     | Paulo Martins      | 159468      | F ARSM     | 1         | 26      | 0          | 1     | 17       | 13      | 0        | 29          | 51        | 138    | 137       |
| 74     | Jorge Mendes       | 172431      | F CUMIBROA | 9         | 0       | 2          | 13    | 0        | 0       | 45       | 27          | 39        | 135    | 135       |
| 75     | João Cruz          | 174977      | F GRV      | 18        | 33      | 1          | 18    | 0        | 10      | 50       | 0           | 0         | 130    | 130       |
| 76     | Paulo Acúrcio      | 146490      | F GDF-C    | 0         | 14      | 1          | 1     | 19       | 0       | 0        | 38          | 48        | 121    | 121       |
| 77     | Carlos Coelho      | 167519      | F GMIRO    | 0         | 18      | 3          | 12    | 14       | 14      | 59       | 0           | 0         | 120    | 120       |
| 78     | José Santos        | 163473      | F ASSSCC   | 6         | 0       | 1          | 1     | 18       | 1       | 0        | 40          | 49        | 116    | 115       |
| 79     | Nuno Pires         | 143971      | F ARCDVL   | 12        | 0       | 1          | 8     | 11       | 6       | 0        | 21          | 53        | 112    | 111       |
| 80     | Luís Lopes         | 173941      | F GRV      | 1         | 19      | 1          | 0     | 9        | 1       | 0        | 31          | 50        | 112    | 111       |
| 81     | Nuno Góis          | 168137      | F GRV      | 22        | 0       | 0          | 5     | 22       | 1       | 35       | 24          | 0         | 109    | 109       |
| 82     | Brian Ferreira     | 159395      | F ASSSCC   | 10        | 0       | 1          | 20    | 15       | 0       | 44       | 16          | 0         | 106    | 106       |
| 83     | Moisés Nunes       | 131079      | F ARSM     | 0         | 0       | 1          | 1     | 27       | 1       | 0        | 22          | 41        | 93     | 93        |
| 84     | António Calhau     | 170838      | F PENATURE | 16        | 21      | 1          | 7     | 0        | 5       | 0        | 0           | 40        | 90     | 90        |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome              | N.º Filiado | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|-------------------|-------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 85     | Sérgio Carvalho   | 170892      | F CFM      | 2         | 0       | 1          | 1     | 8        | 1       | 33       | 0           | 43        | 89     | 88        |
| 86     | Joel Baptista     | 168298      | F SMOV     | 7         | 0       | 1          | 1     | 5        | 1       | 42       | 30          | 0         | 87     | 86        |
| 87     | José Santos       | 153147      | F SMOV     | 13        | 0       | 8          | 15    | 16       | 9       | 0        | 17          | 0         | 78     | 78        |
| 88     | José Coutinho     | 173684      | F GMIRO    | 0         | 15      | 1          | 1     | 0        | 1       | 37       | 20          | 0         | 75     | 75        |
| 89     | Jorge Laranjeiro  | 170872      | F CFM      | 4         | 25      | 1          | 1     | 13       | 0       | 0        | 26          | 0         | 70     | 70        |
| 90     | Nélson Monteiro   | 172434      | F CUMIBROA | 1         | 0       | 1          | 1     | 3        | 0       | 38       | 23          | 0         | 67     | 67        |
| 91     | Paulo Pereira     | 149334      | F GRV      | 1         | 30      | 0          | 1     | 6        | 1       | 0        | 25          | 0         | 64     | 64        |
| 92     | Gary Quintal      | 174651      | F CCRA     | 1         | 0       | 1          | 1     | 2        | 1       | 39       | 0           | 0         | 45     | 45        |
|        | Sérgio Escada     | 158789      | CCRA       | 98        | 92      | 92         | 92    | 97       | 0       | 0        | 0           | 0         | 471    |           |
|        | José Santos       | 148156      | ASSSCC     | 88        | 87      | 90         | 94    | 0        | 80      | 0        | 0           | 0         | 439    |           |
|        | José Alves        | 167241      | PENATURE   | 99        | 0       | 0          | 0     | 0        | 94      | 96       | 100         | 0         | 389    |           |
|        | Fernando Santos   | 153264      | CCRA       | 83        | 0       | 0          | 90    | 0        | 0       | 89       | 93          | 0         | 355    |           |
|        | Tiago Moreno      | 146083      | ACDRSQ     | 80        | 83      | 0          | 82    | 80       | 0       | 0        | 0           | 0         | 325    |           |
|        | Mário Neves       | 151019      | GRV        | 40        | 0       | 0          | 0     | 0        | 52      | 71       | 67          | 72        | 302    |           |
|        | André Fonte       | 136723      | ARC-EAC    | 0         | 80      | 74         | 76    | 71       | 0       | 0        | 0           | 0         | 301    |           |
|        | Bruno Ribeiro     | 146788      | CCRA       | 0         | 0       | 72         | 73    | 81       | 72      | 0        | 0           | 0         | 298    |           |
|        | Paulo Palhinha    | 149930      | ARC-EAC    | 0         | 0       | 97         | 0     | 0        | 95      | 97       | 0           | 0         | 289    |           |
|        | Paulo Neves       | 151035      | ACT        | 0         | 100     | 98         | 87    | 0        | 0       | 0        | 0           | 0         | 285    |           |
|        | Ricardo Santos    | 139592      | ACT        | 93        | 0       | 0          | 0     | 0        | 86      | 0        | 99          | 0         | 278    |           |
|        | Marcio Pereira    | 135157      | ARC-EAC    | 89        | 0       | 0          | 0     | 0        | 91      | 95       | 0           | 0         | 275    |           |
|        | Tiago Duarte      | 145278      | ACT        | 0         | 0       | 0          | 99    | 0        | 90      | 0        | 83          | 0         | 272    |           |
|        | José Machado      | 159970      | ASSSCC     | 69        | 0       | 51         | 63    | 76       | 0       | 0        | 0           | 0         | 259    |           |
|        | Bruno Calisto     | 167776      | TOCER      | 50        | 57      | 52         | 58    | 33       | 0       | 0        | 0           | 0         | 250    |           |
|        | Federico Oliveira | 169798      | ARC-EAC    | 0         | 0       | 76         | 74    | 73       | 0       | 0        | 0           | 0         | 223    |           |
|        | Filipe Pinhão     | 168134      | GRV        | 0         | 0       | 0          | 51    | 0        | 0       | 82       | 89          | 0         | 222    |           |
|        | Vitor Cação       | 148037      | GATOES     | 74        | 70      | 73         | 0     | 0        | 0       | 0        | 0           | 0         | 217    |           |
|        | Eduardo Ferreira  | 143976      | ACT        | 0         | 0       | 0          | 0     | 0        | 51      | 0        | 68          | 85        | 204    |           |
|        | Paulo Almeida     | 176654      | CCRA       | 0         | 0       | 0          | 67    | 78       | 56      | 0        | 0           | 0         | 201    |           |
|        | Vitor Gonçalves   | 126795      | ARC-EAC    | 0         | 97      | 0          | 0     | 0        | 0       | 0        | 0           | 95        | 192    |           |
|        | Bruno Andrade     | 163851      | ACT        | 0         | 0       | 0          | 89    | 0        | 98      | 0        | 0           | 0         | 187    |           |
|        | Marco Catarino    | 171647      | CFM        | 0         | 0       | 49         | 0     | 59       | 42      | 36       | 0           | 0         | 186    |           |
|        | Ricardo Moreira   | 174294      | ABCT       | 0         | 88      | 0          | 0     | 0        | 0       | 0        | 0           | 93        | 181    |           |
|        | Rodrigo Dias      | 167579      | GMIRO      | 0         | 0       | 45         | 0     | 63       | 61      | 0        | 0           | 0         | 169    |           |
|        | André Magalhães   | 146989      | ARSM       | 86        | 0       | 0          | 0     | 0        | 83      | 0        | 0           | 0         | 169    |           |
|        | Alvaro Mano       | 145748      | IND        | 0         | 76      | 0          | 0     | 0        | 0       | 0        | 86          | 0         | 162    |           |
|        | Horácio Ferreira  | 128443      | GMIRO      | 0         | 63      | 53         | 0     | 43       | 0       | 0        | 0           | 0         | 159    |           |
|        | Carlos Simões     | 132124      | ARSM       | 81        | 75      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 156    |           |
|        | José Marques      | 148908      | ARCDVL     | 71        | 0       | 0          | 0     | 0        | 75      | 0        | 0           | 0         | 146    |           |
|        | Vasco Figueiredo  | 156644      | CAOH       | 0         | 12      | 12         | 0     | 0        | 16      | 49       | 0           | 54        | 143    |           |
|        | Márcio Rodrigues  | 149361      | ACDRSQ     | 0         | 0       | 0          | 70    | 0        | 69      | 0        | 0           | 0         | 139    |           |
|        | Henrique Nunes    | 173892      | TOCER      | 0         | 0       | 41         | 45    | 0        | 0       | 0        | 53          | 0         | 139    |           |





ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome             | N.º Filiado | Clube    | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|------------------|-------------|----------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
|        | Bruno Sousa      | 174200      | MC       | 0         | 0       | 68         | 0     | 0        | 0       | 0        | 0           | 0         | 68     |           |
|        | Hélder Coelho    | 160245      | ASSSCC   | 66        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 66     |           |
|        | Filipe Saltão    | 152466      | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 66          | 0         | 66     |           |
|        | João Maricato    | 173883      | GATOES   | 0         | 38      | 6          | 0     | 21       | 0       | 0        | 0           | 0         | 65     |           |
|        | Rui Monteiro     | 134950      | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 65          | 0         | 65     |           |
|        | Miguel Amaro     | 175164      | ACT      | 0         | 0       | 0          | 0     | 0        | 18      | 0        | 0           | 45        | 63     |           |
|        | Luís Vasco       | 153165      | GRV      | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 63        | 63     |           |
|        | Miguel Ribeiro   | 136429      | SCP-C    | 30        | 0       | 0          | 0     | 0        | 0       | 32       | 0           | 0         | 62     |           |
|        | Carlos Palaio    | 150204      | GRV      | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 62          | 0         | 62     |           |
|        | Sebastião Görne  | 169711      | BVP      | 42        | 0       | 0          | 0     | 0        | 19      | 0        | 0           | 0         | 61     |           |
|        | Rodrigo Simões   | 152398      | ARC-EAC  | 60        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 60     |           |
|        | Bruno Rama       | 175039      | GATOES   | 0         | 60      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 60     |           |
|        | Joselito Pereira | 150671      | GMIRO    | 0         | 0       | 57         | 0     | 0        | 0       | 0        | 0           | 0         | 57     |           |
|        | Tiago Martins    | 172772      | PENATURE | 0         | 56      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 56     |           |
|        | Jóni Oliveira    | 175760      | CCRA     | 0         | 0       | 55         | 0     | 0        | 0       | 0        | 0           | 0         | 55     |           |
|        | Fábio Almeida    | 158189      | ARCDVL   | 0         | 0       | 0          | 55    | 0        | 0       | 0        | 0           | 0         | 55     |           |
|        | Nuno Bandarra    | 137154      | FKC      | 0         | 0       | 1          | 4     | 0        | 2       | 48       | 0           | 0         | 55     |           |
|        | Jorge Cruz       | 172947      | PENATURE | 26        | 0       | 0          | 28    | 0        | 0       | 0        | 0           | 0         | 54     |           |
|        | Vitor Gomes      | 143078      | BVP      | 0         | 0       | 0          | 0     | 0        | 53      | 0        | 0           | 0         | 53     |           |
|        | Nelson Lopes     | 173395      | TOCER    | 0         | 0       | 0          | 0     | 0        | 50      | 0        | 0           | 0         | 50     |           |
|        | António Jorge    | 145773      | ACDRSQ   | 0         | 49      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 49     |           |
|        | Vitor Santos     | 154869      | GRV      | 8         | 16      | 0          | 10    | 10       | 4       | 0        | 0           | 0         | 48     |           |
|        | Luís Grou        | 158948      | ACT      | 0         | 0       | 14         | 0     | 0        | 33      | 0        | 0           | 0         | 47     |           |
|        | Pedro Lopes      | 153010      | GRV      | 1         | 0       | 0          | 1     | 7        | 1       | 0        | 0           | 37        | 47     |           |
|        | Acílio Noro      | 153129      | SMOV     | 0         | 0       | 0          | 0     | 0        | 0       | 46       | 0           | 0         | 46     |           |
|        | Jorge Bento      | 141102      | CCRA     | 45        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 45     |           |
|        | Tiago Matias     | 141145      | CCRA     | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 45          | 0         | 45     |           |
|        | Nuno Silva       | 158287      | SCP-C    | 44        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 44     |           |
|        | Nélio Girão      | 142109      | FB&TR    | 0         | 0       | 0          | 44    | 0        | 0       | 0        | 0           | 0         | 44     |           |
|        | Pedro Silva      | 152459      | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 44          | 0         | 44     |           |
|        | Nuno Castanheira | 169504      | GMIRO    | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 44        | 44     |           |
|        | Paulo Baptista   | 147122      | GRV      | 0         | 0       | 0          | 43    | 0        | 0       | 0        | 0           | 0         | 43     |           |
|        | Luciano Fonte    | 177113      | GMIRO    | 0         | 0       | 0          | 0     | 0        | 43      | 0        | 0           | 0         | 43     |           |
|        | Bruno Silva      | 148925      | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 42        | 42     |           |
|        | João Santos      | 168168      | ACT      | 17        | 24      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 41     |           |
|        | Joselito Marques | 160250      | ASSSCC   | 0         | 0       | 0          | 0     | 39       | 0       | 0        | 0           | 0         | 39     |           |
|        | Helder Cunha     | 146171      | IND      | 0         | 32      | 0          | 0     | 0        | 7       | 0        | 0           | 0         | 39     |           |
|        | Paulo Lopes      | 160501      | SMOV     | 25        | 0       | 1          | 0     | 0        | 12      | 0        | 0           | 0         | 38     |           |
|        | Pedro Carvalho   | 136188      | ARCDVL   | 0         | 35      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 35     |           |
|        | Jorge Alves      | 127757      | ARC-EAC  | 0         | 0       | 35         | 0     | 0        | 0       | 0        | 0           | 0         | 35     |           |
|        | Temo Santos      | 152541      | CCRA     | 0         | 0       | 0          | 0     | 0        | 35      | 0        | 0           | 0         | 35     |           |
|        | João Pereira     | 150673      | GMIRO    | 0         | 0       | 0          | 33    | 0        | 0       | 0        | 0           | 0         | 33     |           |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO GERAL MASCULINA

| Class. | Nome                 | N.º Filiado | Clube    | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|----------------------|-------------|----------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
|        | Luís Mendes          | 173072      | TOCER    | 0         | 0       | 32         | 0     | 0        | 0       | 0        | 0           | 0         | 32     |           |
|        | Duarte Pais          | 174745      | CAOH     | 0         | 28      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 28     |           |
|        | Arménio Nogueira     | 154800      | GMIRO    | 0         | 0       | 28         | 0     | 0        | 0       | 0        | 0           | 0         | 28     |           |
|        | João Travasso        | 173785      | ARCDVL   | 0         | 0       | 27         | 0     | 0        | 0       | 0        | 0           | 0         | 27     |           |
|        | Fernando Braz        | 177873      | CCRA     | 0         | 0       | 0          | 0     | 26       | 0       | 0        | 0           | 0         | 26     |           |
|        | Henrique Fernandes   | 165486      | AGMTR    | 0         | 22      | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 23     |           |
|        | António Martins      | 153101      | CCRA     | 0         | 0       | 23         | 0     | 0        | 0       | 0        | 0           | 0         | 23     |           |
|        | Luis Andrade         | 136640      | GDF-C    | 0         | 0       | 0          | 23    | 0        | 0       | 0        | 0           | 0         | 23     |           |
|        | Francisco Figueiredo | 163847      | GRV      | 14        | 0       | 0          | 0     | 0        | 8       | 0        | 0           | 0         | 22     |           |
|        | Diogo Monteiro       | 159858      | RODIAN   | 0         | 0       | 0          | 0     | 0        | 22      | 0        | 0           | 0         | 22     |           |
|        | Pedro Gaspar         | 175095      | AGMTR    | 0         | 20      | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 21     |           |
|        | Tiago Pêgo           | 137754      | ACDRSQ   | 15        | 0       | 5          | 0     | 0        | 0       | 0        | 0           | 0         | 20     |           |
|        | Eugénio Santos       | 150846      | GMIRO    | 0         | 0       | 0          | 19    | 0        | 0       | 0        | 0           | 0         | 19     |           |
|        | Gonçalo Gonçalves    | 141263      | CCRA     | 0         | 17      | 0          | 1     | 0        | 0       | 0        | 0           | 0         | 18     |           |
|        | Jorge Vilares        | 173934      | GRV      | 0         | 0       | 17         | 1     | 0        | 0       | 0        | 0           | 0         | 18     |           |
|        | Carlos Mendes        | 172351      | CUMIBROA | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 18          | 0         | 18     |           |
|        | Miguel Santos        | 146502      | BVP      | 0         | 0       | 0          | 0     | 0        | 17      | 0        | 0           | 0         | 17     |           |
|        | José Santos          | 150692      | GMIRO    | 0         | 13      | 1          | 0     | 1        | 1       | 0        | 0           | 0         | 16     |           |
|        | Roberto Duarte       | 146815      | CCRA     | 0         | 0       | 0          | 9     | 0        | 0       | 0        | 0           | 0         | 9      |           |
|        | Mário Santos         | 156648      | CAOH     | 0         | 0       | 1          | 1     | 4        | 1       | 0        | 0           | 0         | 7      |           |
|        | Paulo Veríssimo      | 168143      | GRV      | 1         | 0       | 0          | 1     | 0        | 0       | 0        | 0           | 0         | 2      |           |
|        | Telmo Pereira        | 167576      | GMIRO    | 0         | 0       | 1          | 1     | 0        | 0       | 0        | 0           | 0         | 2      |           |
|        | Rui Marques          | 152528      | ACDRSQ   | 0         | 0       | 1          | 1     | 0        | 0       | 0        | 0           | 0         | 2      |           |
|        | Gonçalo Deus         | 146856      | ARCDVL   | 1         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Marcos Afonso        | 172387      | CUMIBROA | 1         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Raúl Matos           | 172550      | IND      | 1         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Nelson Gaspar        | 155058      | ARCDVL   | 1         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | João Vaz             | 137183      | FKC      | 0         | 0       | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Alexandre Cardoso    | 173859      | CFM      | 0         | 0       | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Luís Machado         | 145885      | ACDRSQ   | 0         | 0       | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Fernando Luis        | 142164      | OMDC     | 0         | 0       | 1          | 0     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | José Andrade         | 136506      | GDF-C    | 0         | 0       | 0          | 1     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | José Valadão         | 166612      | CFM      | 0         | 0       | 0          | 1     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Pedro Duarte         | 150688      | GMIRO    | 0         | 0       | 0          | 1     | 0        | 0       | 0        | 0           | 0         | 1      |           |
|        | Inácio Faísca        | 175947      | ACDRSQ   | 0         | 0       | 0          | 0     | 0        | 1       | 0        | 0           | 0         | 1      |           |











ASSOCIAÇÃO DISTRICTAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRICTAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M35

| Class. | Nome               | Clube    | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|--------------------|----------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Valter Lopes       | F ACDRSQ | 0         | 0       | 0          | 91    | 100      | 100     | 100      | 100         | 100       | 591    | 591       |
| 2      | Tiago Figueiredo   | F ACDRSQ | 97        | 99      | 97         | 98    | 99       | 98      | 98       | 98          | 0         | 686    | 589       |
| 3      | Sérgio Pocinho     | F CCRA   | 0         | 0       | 96         | 0     | 98       | 97      | 96       | 94          | 99        | 580    | 580       |
| 4      | João Marques       | F TBAGA  | 0         | 97      | 95         | 95    | 97       | 96      | 0        | 95          | 98        | 673    | 575       |
| 5      | André Lavado       | F ACDRSQ | 96        | 95      | 93         | 0     | 0        | 94      | 95       | 91          | 0         | 564    | 564       |
| 6      | Francisco Missa    | F CCRA   | 94        | 96      | 0          | 94    | 95       | 0       | 93       | 92          | 0         | 564    | 564       |
| 7      | Mário Henriques    | F CAOH   | 0         | 94      | 91         | 92    | 92       | 93      | 0        | 0           | 97        | 559    | 559       |
| 8      | Vasco Vasconcelos  | F CCRA   | 93        | 93      | 92         | 0     | 93       | 95      | 0        | 90          | 0         | 556    | 556       |
| 9      | Tiago Simões       | F ACDRSQ | 95        | 92      | 90         | 88    | 90       | 92      | 0        | 0           | 0         | 547    | 547       |
| 10     | Pedro Almeida      | F CCRA   | 0         | 90      | 89         | 89    | 91       | 91      | 94       | 89          | 0         | 633    | 544       |
| 11     | Marco Nobre        | F ABCT   | 0         | 89      | 0          | 0     | 89       | 89      | 92       | 88          | 96        | 543    | 543       |
| 12     | Fábio Barroca      | F GRV    | 90        | 88      | 0          | 86    | 88       | 0       | 91       | 0           | 95        | 538    | 538       |
| 13     | Gabriel Romualdo   | F GRV    | 89        | 0       | 86         | 85    | 87       | 86      | 90       | 86          | 92        | 701    | 524       |
| 14     | José Santos        | F ASSSCC | 87        | 0       | 83         | 83    | 86       | 85      | 0        | 87          | 93        | 604    | 521       |
| 15     | Nuno Pires         | F ARCDVL | 88        | 0       | 84         | 84    | 85       | 87      | 0        | 85          | 94        | 607    | 513       |
|        | Fernando Santos    | CCRA     | 100       | 0       | 0          | 99    | 0        | 0       | 99       | 98          | 0         | 396    |           |
|        | Tiago Moreno       | ACDRSQ   | 99        | 98      | 0          | 96    | 96       | 0       | 0        | 0           | 0         | 389    |           |
|        | Paulo Neves        | ACT      | 0         | 100     | 100        | 97    | 0        | 0       | 0        | 0           | 0         | 297    |           |
|        | Tiago Duarte       | ACT      | 0         | 0       | 0          | 100   | 0        | 99      | 0        | 93          | 0         | 292    |           |
|        | Filipe Pinhão      | GRV      | 0         | 0       | 0          | 90    | 0        | 0       | 97       | 96          | 0         | 283    |           |
|        | Frederico Oliveira | ARC-EAC  | 0         | 0       | 94         | 93    | 94       | 0       | 0        | 0           | 0         | 281    |           |
|        | Paulo Fernandes    | GATOES   | 91        | 91      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 182    |           |
|        | Luís Grou          | ACT      | 0         | 0       | 87         | 0     | 0        | 90      | 0        | 0           | 0         | 177    |           |
|        | Pedro Gaspar       | AGMTR    | 0         | 87      | 85         | 0     | 0        | 0       | 0        | 0           | 0         | 172    |           |
|        | Gonçalo Gonçalves  | CCRA     | 0         | 86      | 0          | 81    | 0        | 0       | 0        | 0           | 0         | 167    |           |
|        | Diogo Pinheiro     | CTR      | 0         | 0       | 99         | 0     | 0        | 0       | 0        | 0           | 0         | 99     |           |
|        | Tiago Silva        | GATOES   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 99          | 0         | 99     |           |
|        | Samuel Custodio    | ARCDVL   | 98        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 98     |           |
|        | Tiago Lopes        | MC       | 0         | 0       | 98         | 0     | 0        | 0       | 0        | 0           | 0         | 98     |           |
|        | Paulo Ferreira     | GATOES   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 97          | 0         | 97     |           |
|        | Jorge Bento        | CCRA     | 92        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 92     |           |
|        | João Travasso      | ARCDVL   | 0         | 0       | 88         | 0     | 0        | 0       | 0        | 0           | 0         | 88     |           |
|        | Diogo Monteiro     | RODADIAN | 0         | 0       | 0          | 0     | 0        | 88      | 0        | 0           | 0         | 88     |           |
|        | Luis Andrade       | GDF-C    | 0         | 0       | 0          | 87    | 0        | 0       | 0        | 0           | 0         | 87     |           |
|        | Marcos Afonso      | CUMIBROA | 86        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 86     |           |
|        | Carlos Mendes      | CUMIBROA | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 84          | 0         | 84     |           |
|        | Luís Machado       | ACDRSQ   | 0         | 0       | 82         | 0     | 0        | 0       | 0        | 0           | 0         | 82     |           |
|        | José Andrade       | GDF-C    | 0         | 0       | 0          | 82    | 0        | 0       | 0        | 0           | 0         | 82     |           |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M40

| Class. | Nome              | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|-------------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Alex Silva        | F ACT      | 0         | 100     | 99         | 100   | 100      | 100     | 99       | 0           | 100       | 698    | 599       |
| 2      | Luís Couto        | F ASSSCC   | 99        | 98      | 90         | 99    | 99       | 99      | 0        | 100         | 99        | 783    | 594       |
| 3      | Helder Isidoro    | F CAOHO    | 0         | 0       | 96         | 95    | 97       | 95      | 96       | 99          | 97        | 675    | 580       |
| 4      | Jorge Simões      | F GATOES   | 98        | 97      | 95         | 94    | 96       | 96      | 0        | 98          | 95        | 769    | 580       |
| 5      | Romeu Vasconcelos | F CCRA     | 90        | 0       | 91         | 87    | 92       | 92      | 95       | 0           | 0         | 547    | 547       |
| 6      | Nuno Costa        | F ABCT     | 87        | 89      | 88         | 86    | 0        | 87      | 91       | 88          | 86        | 702    | 530       |
| 7      | Marco Brásio      | F ABCT     | 86        | 85      | 0          | 0     | 86       | 81      | 92       | 89          | 89        | 608    | 527       |
| 8      | Bruno Rodrigues   | F ACDRSQ   | 81        | 88      | 80         | 88    | 91       | 82      | 0        | 0           | 93        | 603    | 523       |
| 9      | Nuno Coelho       | F TOCER    | 0         | 82      | 87         | 0     | 90       | 86      | 0        | 90          | 88        | 523    | 523       |
| 10     | João Marques      | F PENATURE | 84        | 0       | 84         | 76    | 85       | 84      | 0        | 94          | 87        | 594    | 518       |
| 11     | João Nunes        | F CFM      | 83        | 91      | 76         | 85    | 87       | 0       | 0        | 84          | 0         | 506    | 506       |
| 12     | Luís Fernandes    | F CUMIBROA | 85        | 0       | 82         | 83    | 89       | 73      | 0        | 92          | 0         | 504    | 504       |
| 13     | Pedro Figueiredo  | F TOCER    | 88        | 86      | 86         | 82    | 81       | 80      | 0        | 0           | 85        | 588    | 508       |
| 14     | Remi Alves        | F CCRA     | 82        | 0       | 79         | 79    | 83       | 85      | 94       | 0           | 0         | 502    | 502       |
| 15     | Bruno Ferreira    | F ACDRSQ   | 0         | 0       | 78         | 77    | 88       | 75      | 86       | 0           | 92        | 496    | 496       |
| 16     | Hugo Silva        | F TOCER    | 76        | 0       | 83         | 78    | 80       | 83      | 93       | 0           | 0         | 493    | 493       |
| 17     | Vagner Marques    | F CCRA     | 79        | 83      | 0          | 80    | 79       | 0       | 0        | 86          | 84        | 491    | 491       |
| 18     | Rui Custódio      | F FKC      | 75        | 0       | 0          | 73    | 76       | 78      | 90       | 91          | 81        | 564    | 491       |
| 19     | Bruno Gonçalo     | F ADCX     | 0         | 0       | 75         | 71    | 82       | 0       | 89       | 87          | 83        | 487    | 487       |
| 20     | Nuno Gois         | F GRV      | 80        | 0       | 0          | 74    | 77       | 77      | 87       | 82          | 82        | 559    | 485       |
| 21     | Joel Baptista     | F SMOV     | 77        | 0       | 72         | 70    | 74       | 76      | 88       | 83          | 0         | 540    | 470       |
| 22     | Sérgio Carvalho   | F CFM      | 74        | 0       | 73         | 72    | 75       | 74      | 85       | 0           | 79        | 453    | 459       |
|        | Sérgio Escada     | CCRA       | 100       | 96      | 98         | 96    | 98       | 0       | 0        | 0           | 0         | 488    |           |
|        | José Santos       | ASSSCC     | 96        | 94      | 97         | 98    | 0        | 93      | 0        | 0           | 0         | 478    |           |
|        | André Fonte       | ARC-EAC    | 0         | 92      | 94         | 93    | 93       | 0       | 0        | 0           | 0         | 372    |           |
|        | Bruno Ribeiro     | CCRA       | 0         | 0       | 93         | 92    | 95       | 91      | 0        | 0           | 0         | 371    |           |
|        | José Machado      | ASSSCC     | 92        | 0       | 89         | 89    | 94       | 0       | 0        | 0           | 0         | 364    |           |
|        | Paulo Palhinha    | ARC-EAC    | 0         | 0       | 100        | 0     | 0        | 98      | 98       | 0           | 0         | 296    |           |
|        | Márcio Pereira    | ARC-EAC    | 97        | 0       | 0          | 0     | 0        | 97      | 97       | 0           | 0         | 291    |           |
|        | Eduardo Ferreira  | ACT        | 0         | 0       | 0          | 0     | 0        | 89      | 0        | 96          | 94        | 279    |           |
|        | Joao Roso         | ARC-EAC    | 89        | 0       | 85         | 81    | 0        | 0       | 0        | 0           | 0         | 255    |           |
|        | Ricardo Moreira   | ABCT       | 0         | 95      | 0          | 0     | 0        | 0       | 0        | 0           | 96        | 191    |           |
|        | André Magalhães   | ARSM       | 95        | 0       | 0          | 0     | 0        | 94      | 0        | 0           | 0         | 189    |           |
|        | Eduardo Loureiro  | TOCER      | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 93          | 90        | 183    |           |
|        | Márcio Rodrigues  | ACDRSQ     | 0         | 0       | 0          | 91    | 0        | 90      | 0        | 0           | 0         | 181    |           |
|        | Tiago Carvalho    | SMOV       | 0         | 0       | 0          | 90    | 0        | 0       | 0        | 85          | 0         | 175    |           |
|        | Pedro Marques     | CCRA       | 91        | 87      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 178    |           |
|        | Pedro Franco      | CFM        | 0         | 84      | 0          | 0     | 84       | 0       | 0        | 0           | 0         | 168    |           |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M40

| Class. | Nome             | Clube    | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|------------------|----------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
|        | Miguel Amaro     | ACT      | 0         | 0       | 0          | 0     | 0        | 79      | 0        | 0           | 80        | 159    |           |
|        | Tiago Pego       | ACDRSQ   | 78        | 0       | 74         | 0     | 0        | 0       | 0        | 0           | 0         | 152    |           |
|        | Jorge Vilares    | GRV      | 0         | 0       | 77         | 69    | 0        | 0       | 0        | 0           | 0         | 146    |           |
|        | Telmo Pereira    | GMIRO    | 0         | 0       | 71         | 68    | 0        | 0       | 0        | 0           | 0         | 139    |           |
|        | Nelson Costa     | ARC-EAC  | 0         | 0       | 0          | 0     | 0        | 0       | 100      | 0           | 0         | 100    |           |
|        | Filipe Rocha     | OZXTREM  | 0         | 99      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 99     |           |
|        | Vitor Pleno      | CPTSC    | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 98        | 98     |           |
|        | Eduardo Moreira  | ARC-EAC  | 0         | 0       | 0          | 97    | 0        | 0       | 0        | 0           | 0         | 97     |           |
|        | Daniel Batata    | ACT      | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 97          | 0         | 97     |           |
|        | Filipe Saltão    | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 95          | 0         | 95     |           |
|        | Carlos Quintal   | SCP-C    | 94        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 94     |           |
|        | Joel Lopes       | OZXTREM  | 93        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 93     |           |
|        | Nuno Figueiredo  | CCRA     | 0         | 93      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 93     |           |
|        | Bruno Sousa      | MC       | 0         | 0       | 92         | 0     | 0        | 0       | 0        | 0           | 0         | 92     |           |
|        | Bruno Mendes     | ACDRSQ   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 91        | 91     |           |
|        | Tiago Martins    | PENATURE | 0         | 90      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 90     |           |
|        | Nelson Lopes     | TOCER    | 0         | 0       | 0          | 0     | 0        | 88      | 0        | 0           | 0         | 88     |           |
|        | Nélio Girão      | FB&TR    | 0         | 0       | 0          | 84    | 0        | 0       | 0        | 0           | 0         | 84     |           |
|        | Arménio Nogueira | GMIRO    | 0         | 0       | 81         | 0     | 0        | 0       | 0        | 0           | 0         | 81     |           |
|        | Bruno Silva      | ARCDVL   | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 78        | 78     |           |
|        | Fernando Braz    | CCRA     | 0         | 0       | 0          | 0     | 78       | 0       | 0        | 0           | 0         | 78     |           |
|        | Eugénio Santos   | GMIRO    | 0         | 0       | 0          | 75    | 0        | 0       | 0        | 0           | 0         | 75     |           |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M45

| Class. | Nome                 | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|----------------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Paulo Amaral         | F ARC-EAC  | 100       | 99      | 100        | 100   | 100      | 100     | 0        | 0           | 0         | 599    | 599       |
| 2      | Antonio Santos       | F ACDRSQ   | 98        | 0       | 98         | 98    | 99       | 99      | 98       | 0           | 98        | 688    | 590       |
| 3      | João Simões          | F ACDRSQ   | 97        | 98      | 0          | 99    | 98       | 98      | 99       | 0           | 0         | 589    | 589       |
| 4      | Pedro Cardoso        | F ASSSCC   | 94        | 0       | 99         | 97    | 96       | 97      | 97       | 100         | 99        | 779    | 589       |
| 5      | Aurélio Saúde        | F ARSM     | 92        | 0       | 95         | 96    | 95       | 95      | 96       | 99          | 0         | 668    | 576       |
| 6      | Rui Silva            | F TOCER    | 0         | 95      | 92         | 92    | 0        | 92      | 0        | 96          | 94        | 561    | 561       |
| 7      | Nuno Almeida         | F ASSSCC   | 91        | 0       | 94         | 0     | 92       | 89      | 95       | 98          | 0         | 559    | 559       |
| 8      | Rui Varanda          | F ACT      | 89        | 96      | 93         | 89    | 91       | 88      | 0        | 95          | 95        | 736    | 559       |
| 9      | João Loureiro        | F GRV      | 0         | 0       | 77         | 94    | 94       | 96      | 0        | 97          | 97        | 555    | 555       |
| 10     | Filipe Vasconcelos   | F CCRA     | 88        | 0       | 88         | 88    | 93       | 90      | 94       | 0           | 0         | 541    | 541       |
| 11     | Ricardo Coelho       | F PENATURE | 0         | 0       | 86         | 85    | 89       | 87      | 93       | 93          | 93        | 626    | 541       |
| 12     | Jorge Mendes         | F CUMIBROA | 83        | 0       | 83         | 83    | 0        | 0       | 90       | 92          | 90        | 521    | 521       |
| 13     | José Santos          | F SMOV     | 84        | 0       | 85         | 84    | 87       | 84      | 0        | 91          | 0         | 515    | 515       |
| 14     | Gary Quintal         | F CCRA     | 80        | 0       | 79         | 80    | 85       | 80      | 89       | 0           | 0         | 493    | 493       |
|        | Vasco Figueiredo     | CAOH       | 0         | 89      | 87         | 0     | 0        | 85      | 92       | 0           | 91        | 444    |           |
|        | Vitor Santos         | GRV        | 82        | 90      | 0          | 82    | 86       | 82      | 0        | 0           | 0         | 422    |           |
|        | Nuno Reis            | FKC        | 0         | 0       | 82         | 81    | 0        | 81      | 91       | 0           | 0         | 335    |           |
|        | Vitor Cação          | GATOES     | 96        | 97      | 97         | 0     | 0        | 0       | 0        | 0           | 0         | 290    |           |
|        | Paulo Almeida        | CCRA       | 0         | 0       | 0          | 95    | 97       | 94      | 0        | 0           | 0         | 286    |           |
|        | Henrique Nunes       | TOCER      | 0         | 0       | 91         | 90    | 0        | 0       | 0        | 94          | 0         | 275    |           |
|        | Paulo Pessoa         | CFM        | 0         | 93      | 90         | 91    | 0        | 0       | 0        | 0           | 0         | 274    |           |
|        | João Maricato        | GATOES     | 0         | 94      | 84         | 0     | 88       | 0       | 0        | 0           | 0         | 266    |           |
|        | Vitor Gonçalves      | ARC-EAC    | 0         | 100     | 0          | 0     | 0        | 0       | 0        | 0           | 100       | 200    |           |
|        | Arnaldo Ferreira     | ACT        | 0         | 0       | 0          | 93    | 0        | 0       | 0        | 0           | 96        | 189    |           |
|        | Miguel Ribeiro       | SCP-C      | 87        | 0       | 0          | 0     | 0        | 0       | 88       | 0           | 0         | 175    |           |
|        | Henrique Fernandes   | AGMTR      | 0         | 91      | 81         | 0     | 0        | 0       | 0        | 0           | 0         | 172    |           |
|        | Jorge Cruz           | PENATURE   | 86        | 0       | 0          | 86    | 0        | 0       | 0        | 0           | 0         | 172    |           |
|        | Francisco Figueiredo | GRV        | 85        | 0       | 0          | 0     | 0        | 83      | 0        | 0           | 0         | 168    |           |
|        | Paulo Verissimo      | GRV        | 81        | 0       | 0          | 78    | 0        | 0       | 0        | 0           | 0         | 159    |           |
|        | Rui Marques          | ACDRSQ     | 0         | 0       | 78         | 79    | 0        | 0       | 0        | 0           | 0         | 157    |           |
|        | Luís Pires           | ARC-EAC    | 0         | 0       | 0          | 0     | 0        | 0       | 100      | 0           | 0         | 100    |           |
|        | Pedro Mendes         | TOCER      | 99        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 99     |           |
|        | Joselito Pereira     | GMIRO      | 0         | 0       | 96         | 0     | 0        | 0       | 0        | 0           | 0         | 96     |           |
|        | Fernando Carvalho    | OZXTREM    | 95        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 95     |           |
|        | Hélder Coelho        | ASSSCC     | 93        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 93     |           |
|        | Vitor Gomes          | BVP        | 0         | 0       | 0          | 0     | 0        | 93      | 0        | 0           | 0         | 93     |           |
|        | Pedro Carvalho       | ARCDVL     | 0         | 92      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 92     |           |
|        | Luís Vasco           | GRV        | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 92        | 92     |           |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M45

| Class. | Nome             | Clube  | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|------------------|--------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
|        | Luciano Fonte    | GMIRO  | 0         | 0       | 0          | 0     | 0        | 91      | 0        | 0           | 0         | 91     |           |
|        | Nuno Silva       | SCP-C  | 90        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 90     |           |
|        | Joselito Marques | ASSSCC | 0         | 0       | 0          | 0     | 90       | 0       | 0        | 0           | 0         | 90     |           |
|        | Luís Mendes      | TOCER  | 0         | 0       | 89         | 0     | 0        | 0       | 0        | 0           | 0         | 89     |           |
|        | João Pereira     | GMIRO  | 0         | 0       | 0          | 87    | 0        | 0       | 0        | 0           | 0         | 87     |           |
|        | Miguel Santos    | BVP    | 0         | 0       | 0          | 0     | 0        | 86      | 0        | 0           | 0         | 86     |           |
|        | João Vaz         | FKC    | 0         | 0       | 80         | 0     | 0        | 0       | 0        | 0           | 0         | 80     |           |
|        | Nelson Gaspar    | ARCDVL | 79        | 0       | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 79     |           |
|        | Inácio Faísca    | ACDRSQ | 0         | 0       | 0          | 0     | 0        | 79      | 0        | 0           | 0         | 79     |           |



ASSOCIAÇÃO DISTRIAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRIAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M50

| Class. | Nome             | Clube      | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|------------------|------------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Orlando Pires    | F ACDRSQ   | 0         | 99      | 100        | 100   | 100      | 100     | 0        | 0           | 100       | 599    | 599       |
| 2      | João Marques     | f TBAGA    | 98        | 94      | 99         | 98    | 99       | 0       | 100      | 99          | 0         | 687    | 593       |
| 3      | Pedro Simões     | F ARSM     | 100       | 100     | 98         | 96    | 98       | 98      | 0        | 97          | 0         | 687    | 591       |
| 4      | Duarte Domingues | F ACT      | 0         | 98      | 97         | 99    | 0        | 99      | 0        | 98          | 99        | 590    | 590       |
| 5      | António Ferreira | F ACDRSQ   | 96        | 0       | 96         | 97    | 96       | 97      | 0        | 96          | 0         | 578    | 578       |
| 6      | António Gaspar   | F ACDRSQ   | 0         | 91      | 95         | 89    | 0        | 96      | 98       | 95          | 97        | 661    | 572       |
| 7      | Fernando Godinho | F CUMIBROA | 94        | 0       | 90         | 0     | 0        | 95      | 97       | 93          | 98        | 567    | 567       |
| 8      | Ernesto Nabeiro  | F SMOV     | 97        | 95      | 93         | 95    | 97       | 86      | 0        | 0           | 0         | 563    | 563       |
| 9      | Rui Santos       | F GRV      | 95        | 90      | 92         | 93    | 95       | 94      | 0        | 92          | 0         | 651    | 561       |
| 10     | António Santos   | F CCRA     | 0         | 0       | 89         | 92    | 94       | 93      | 96       | 90          | 0         | 554    | 554       |
| 11     | Nuno Veiga       | F CAOHO    | 0         | 0       | 0          | 88    | 93       | 88      | 92       | 87          | 96        | 544    | 544       |
| 12     | Paulo Martins    | F ARSM     | 90        | 87      | 0          | 85    | 92       | 91      | 0        | 88          | 95        | 628    | 543       |
| 13     | João Cruz        | F GRV      | 92        | 89      | 87         | 91    | 0        | 89      | 94       | 0           | 0         | 542    | 542       |
| 14     | Carlos Coelho    | F GMIRO    | 0         | 84      | 88         | 90    | 91       | 92      | 95       | 0           | 0         | 540    | 540       |
| 15     | Luis Lopes       | F GRV      | 87        | 85      | 84         | 0     | 89       | 87      | 0        | 89          | 94        | 615    | 531       |
| 16     | Carlos Costa     | F ADCX     | 0         | 93      | 83         | 84    | 85       | 0       | 99       | 83          | 0         | 527    | 528       |
| 17     | Jorge Laranjeiro | F CFM      | 91        | 86      | 82         | 86    | 90       | 0       | 0        | 86          | 0         | 521    | 521       |
| 18     | Nélson Monteiro  | F CUMIBROA | 86        | 0       | 85         | 83    | 86       | 0       | 91       | 84          | 0         | 515    | 515       |
| 19     | Paulo Pereira    | F GRV      | 88        | 88      | 0          | 81    | 87       | 84      | 0        | 85          | 0         | 513    | 513       |
|        | Pedro Lopes      | GRV        | 89        | 0       | 0          | 87    | 88       | 85      | 0        | 0           | 93        | 442    |           |
|        | Paulo Lopes      | SMOV       | 93        | 0       | 86         | 0     | 0        | 90      | 0        | 0           | 0         | 269    |           |
|        | Álvaro Mano      | IND        | 0         | 97      | 0          | 0     | 0        | 0       | 0        | 100         | 0         | 197    |           |
|        | Carlos Simões    | ARSM       | 99        | 96      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 195    |           |
|        | Jorge Alves      | ARC-EAC    | 0         | 0       | 94         | 0     | 0        | 0       | 0        | 0           | 0         | 94     |           |
|        | Paulo Baptista   | GRV        | 0         | 0       | 0          | 94    | 0        | 0       | 0        | 0           | 0         | 94     |           |
|        | Carlos Palaio    | GRV        | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 94          | 0         | 94     |           |
|        | Acílio Noro      | SMOV       | 0         | 0       | 0          | 0     | 0        | 0       | 93       | 0           | 0         | 93     |           |
|        | António Jorge    | ACDRSQ     | 0         | 92      | 0          | 0     | 0        | 0       | 0        | 0           | 0         | 92     |           |
|        | António Martins  | CCRA       | 0         | 0       | 91         | 0     | 0        | 0       | 0        | 0           | 0         | 91     |           |
|        | Pedro Silva      | ARCDVL     | 0         | 0       | 0          | 0     | 0        | 0       | 0        | 91          | 0         | 91     |           |
|        | Pedro Duarte     | GMIRO      | 0         | 0       | 0          | 82    | 0        | 0       | 0        | 0           | 0         | 82     |           |







ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M60

| Class. | Nome            | Clube   | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|-----------------|---------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | José Coutinho   | F GMIRO | 0         | 100     | 100        | 98    | 0        | 99      | 99       | 98          | 0         | 594    | 594       |
|        | Mário Santos    | CAOH    | 0         | 0       | 99         | 99    | 99       | 100     | 0        | 0           | 0         | 397    |           |
|        | Joaquim Almeida | CTR     | 0         | 0       | 0          | 100   | 100      | 0       | 0        | 99          | 0         | 299    |           |
|        | João Matos      | GMIRO   | 0         | 0       | 0          | 0     | 0        | 0       | 100      | 100         | 0         | 200    |           |



ASSOCIAÇÃO DISTRITAL DE ATLETISMO DE COIMBRA  
CIRCUITO DISTRITAL DE TRAIL RUNNING DE COIMBRA - CURTO  
CLASSIFICAÇÃO - M65

| Class. | Nome         | Clube | P. Ferida | Sarilho | E. Mondego | Gatos | B. Pedra | R. Broa | Benfeita | Quinhendros | S. Miguel | Pontos | Corrigida |
|--------|--------------|-------|-----------|---------|------------|-------|----------|---------|----------|-------------|-----------|--------|-----------|
| 1      | Américo Grou | GRV   | 0         | 100     | 100        | 100   | 100      | 100     | 100      | 100         | 0         | 700    | 600       |

